

MAKE-UP

SPECIAL OCCASION MAKE-UP-30min

Treat yourself before a big night out or special event and have your make-up professional applied. (includes application of false eyelashes if requested)

£25.00

BRIDAL BEAUTY

BRIDAL BEAUTY - (1-2 DAYS BEFORE WEDDING)

Relaxing spa session followed by a back massage, French polish hands and feet, eyebrow shape & spray tan.

£60.00

DELUXE BRIDAL BEAUTY

(1 WEEK BEFORE WEDDING)

Relaxing spa session followed by conditioning body treatment, Radiance facial, 1/2 leg & Bikini Wax

(1-2 DAYS BEFORE WEDDING)

French polish hands and feet, eyebrow shape & spray tan

£120.00

WAXING

| | | | |
|---------------------------|--------|----------------------------|--------|
| 1/2 LEG | £16.00 | FULL LEG | £23.50 |
| 1/2 LEG & STANDARD BIKINI | £21.00 | FULL LEG & STANDARD BIKINI | £30.00 |
| 1/2 LEG & BRAZILIAN | £26.50 | FULL LEG & BRAZILIAN | £36.00 |
| 1/2 LEG & FULL BIKINI | £32.50 | FULL LEG & FULL BIKINI | £44.00 |
| STANDARD BIKINI | £8.50 | BRAZILIAN(STRIP) | £15.00 |
| HOLLYWOOD(FULL BIKINI) | £22.50 | BACK OF THIGH | £8.50 |
| UNDER ARM | £8.50 | EYEBROWS | £8.50 |
| LIP | £7.50 | CHIN | £7.50 |
| FOREARM | £8.50 | FULL ARM | £15.00 |
| BACK WAX | £20.00 | TOPS OF SHOULDER | £11.50 |
| STOMACH LINE | £7.50 | FULL STOMACH | £11.50 |
| FACE WAX | £15.00 | | |

PLEASE ASK ABOUT OUR
SPECIAL OFFERS
AND
GIFT VOUCHERS

CALL 0115 953 0620

Beauty ^{SPA} Within

“Nottingham’s first Luxury Day Spa”

At Beauty Within you can enjoy some time out as an individual, or a day’s pampering with your friends.

Our philosophy is to provide you with luxury Beauty & Spa treatments within a relaxing retreat set conveniently within the heart of the city.

With most of our treatments including complimentary use of our Spa facilities you can truly unwind before your treatment. Bubble away your stresses in the refreshing Jacuzzi or give a blast of tropical warmth to your body in the infra red sauna.

A wide choice of therapies can be enjoyed in the comfort of our therapy rooms. With the slumber lounge the ideal place to relax reading a magazine or enjoying a glass of bubbly & strawberries before you return to the outside world, *go on indulge yourself...*

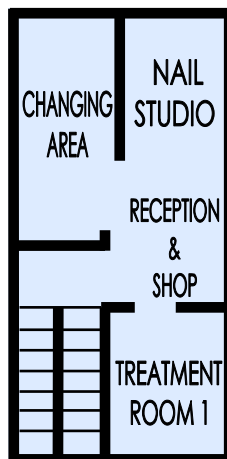
“Escape to the oasis in the city”



THE SPA FACILITIES

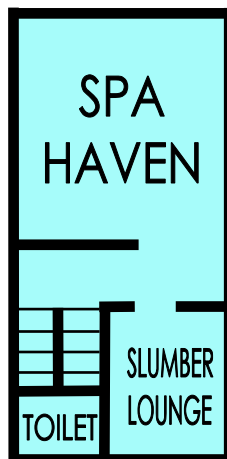
1st Floor

- Reception Shop** Make appointments, check in & out. Selling a wide range of Thalgo, Anesi, Jessica, Calgel, Sunjunkie & many more skincare ranges. Gift vouchers also available
- Coffee Retreat-** Serving refreshments daily from 10 am until 30 min before spa closes. (Day Package dining area)
- Changing room** Spacious changing area with locker facilities. Hair dryers and free toiletries available to all clients



2nd Floor

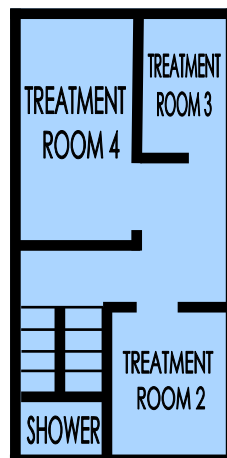
- Spa Haven** Our Caribbean theme spa Complete with Jacuzzi & Infra-red sauna To make full use of the spa facilities you will only need to bring some flip flops & swimwear, we will provided you with a luxury bathrobe and towel.
- Slumber Lounge** A Tranquil seating area to relax before and after your treatments.
- Toilet** Located on the landing between the first & second floor



Look for this symbol *S= **TREATMENTS INCLUDE A SPA SESSION** (REMEMBER TO INFORM RECEPTION WHEN MAKING YOUR BOOKING IF YOU WISH TO USE THESE FACILITIES)

3rd Floor

- Shower Room** Located on the landing between the second & the third floor.
- Nail Studio** Manicure & Pedicure Zone
- Treatment Rooms-** Comfortable hideaways where you can relax & enjoy your chosen treatment.



HANDS & FEET

- DELUXE MANICURE-45min- S*** £25.00
Our specialised Thai manicure ritual combines a traditional manicure with exotic blends of herbs and spices to creates beautiful nails during a relaxing treatment
- DELUXE PEDICURE-45min- S*** (Open toe shoes advisable) £25.00
Using Far Eastern massage techniques, luxurious creams & oils your weary feet will be refreshed during a traditional pedicure with a twist.
- FRENCH MANICURE OR PEDICURE-45MIN-*S** £28.50
Our classic manicure or pedicure finished of with a perfect French polish
- RE-VARNISH-20MIN** £10.00
An ideal touch up between your regular manicure.
(Not recommend if nails have not been professionally manicured within the last 4weeks)
- CHIROPODY -30MIN** £30.00
- PRONAILS**
- Gentle and safe UV gel is used to create beautiful nail extensions and natural overlays.
- Full Set Of Extensions (French/colour) £40.00
Overlay on Natural nails Hands (French/colour) £35.00
Extensions In-fills — 2 weeks (Up to 2 nail replacements) £25.00
Extensions In-fills — 3 weeks (Up to 2 nail replacements) £30.00
Extensions In-fills — 4 weeks (Up to 2 nail replacements) £35.00
Individual nail Replacements £3.50
Buff Off (includes: Cuticle Treatment and Nail hardener) £20.00
Perfect Toes-Gel toes nails French or colour £30.00

TANNING

- Give your self a safe golden glow that can last up to 7 days
- SPRAY TAN - Sunjunkie £22.50
SPRAY TAN - Xen-Tan £25.00

FINISHING TOUCHES

- EYELASH TINT £8.50
EYEBROW TINT £8.50
LASH & BROW TINT £14.50

SPA FACILITIES

- SPA HAVEN SESSION-1HR-(MAXIMUM OF 6 PEOPLE PER SESSION)** £20.00
Includes hire of luxury towel & bathrobe, use of the sauna /Jacuzzi followed by a hot or cold refreshment at coffee retreat before you leave.

*S= TREATMENTS INCLUDE A SPA SESSION(PRE-BOOKING REQUIRED)
Treatment times are inclusive of consultation & relaxation periods